

# ROAD SCHOLAR<sup>®</sup>

## Wonders of Chile and Argentina: Patagonia, Iguazu Falls and Splendid Cities Final Information Packet



Program # 20789

November 29 - December 12, 2023

# ROAD SCHOLAR

**Elderhostel, Inc.**

11 Avenue de Lafayette  
Boston, MA 02111-1746  
(617) 426-7788 tel  
www.road scholar.org

Dear Road Scholar Participant,

The time is drawing near for your Road Scholar educational program to begin! We want to make sure you have all the information you need to get the most out of your experience, so please be sure to carefully read all the materials we have sent you.

In this final information packet packet you will find:

- Group Arrival and Departure Instructions
- Emergency Contacts and Procedures
- Staff Biographies
- Accommodation Schedule (with site telephone numbers)
- Travel Advice
- Final Day-by-Day Itinerary

We make every effort to ensure that all program details are up-to-date. In the event of any major changes, we'll do our best to alert you. For less significant changes, we'll update you at orientation.

Please refer to your first information packet for a suggested packing list and details on practical matters, such as local currency, time and weather.

If any of your travel arrangements have been booked through Road Scholar Travel Services, we will send you your final confirmation approximately three weeks prior to departure. Until then, if you have questions about your travel arrangements you may contact Road Scholar Travel Services toll free at 800-241-1404. For any questions regarding the educational program, registration, insurance or payments, please contact Road Scholar Participant Services toll free at 877-426-8056.

We look forward to seeing you soon.

Sincerely,

Your Friends at Road Scholar

## PRE-DEPARTURE INFORMATION

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If you have not completed the required your "Personal Information" and "Your Preferences" forms online, you must do so now. Please visit "My Account" at [www.road scholar.org](http://www.road scholar.org) to get started. Once completed, you only have to review and update your information for future Road Scholar programs.

As you prepare for your program we highly recommend you review the sections in the first Information Packet concerning travel health and safety and risks. We recommend that all participants consult with their physician and the Centers for Disease Control and Prevention (CDC), the World Health Organization (WHO) and the U.S. Department of State regarding their health condition and recommendations specific to the countries they will visit before departure. While Road Scholar cannot guarantee your health, safety or welfare at any time, you can minimize your risk by making sure you are in good health and capable of participating fully in the program, maintaining necessary vaccinations, including seasonal influenza vaccination, and by taking simple precautions prior to departure and once on the program. Your well-being is our top priority. Please visit [www.road scholar.org](http://www.road scholar.org) for the latest information on health and safety precautions and requirements.

If you have not yet told us about any special needs you may have, or if there have been any recent medical or physical developments that may affect your program experience, please give us a call.

### REQUIRED DOCUMENTS

Participants must email, fax, or mail a copy of their passport identification page to the Program Coordinator (Holbrook Travel) upon enrollment or no later than 75 days prior to travel. Last-minute enrollees should email or fax a copy at the time of enrollment.

Non-residents/foreign nationals can avoid paying Argentina's 21% value added tax (VAT) on hotel reservations by showing a valid passport. The Road Scholar program price already reflects these savings. Please help us to continue offering this program at good value.

Holbrook Travel  
3540 NW 13th Street  
Gainesville, FL 32609  
attn: Road Scholar Dept.

Toll-free: 1-800-866-7111  
Fax: 352-371-3710  
Email: [road scholarprograms@holbrooktravel.com](mailto:road scholarprograms@holbrooktravel.com)

Participants who are in the process of applying for a passport should call, email, or fax Holbrook Travel to provide their date of birth, place of birth, and name submitted on the passport application. As soon as the new passport becomes available, please email or fax a copy of the identification page to Holbrook Travel.

All U.S. citizens require a passport that is valid a minimum of 6 months after their return date to the U.S.. If you must apply for a new passport, plan to allow 6 to 8 weeks for this process. We recommend that you bring along a photocopy of the first page of your passport (the page that has your photograph and information); in the event that your passport is lost or stolen, a copy of it will be of great assistance.

**Travel Visa**

A travel visa for U.S. citizens is not required for this program.

Non-U.S. citizens should check entry and visa requirements.

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## **ARRIVAL AND DEPARTURE INSTRUCTIONS**

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This information replaces all other communications you have received from Holbrook Travel, Inc..

**START OF PROGRAM**

Thursday, November 30, 2023: 9:30 a.m. hotel check-in; 12:00 p.m. Orientation at hotel.

**Airport Transfers**

Airport transfers - from the arrival airport to the first site on the group arrival date, and from the last site to the departure airport on the group departure date - are included in your cost if you have booked your airfare through Road Scholar.

Participants who purchased their airfare through Road Scholar and are arriving early are eligible for the group transfer from the airport on arrival day. Participants need to notify Road Scholar no later than 30 days prior to departure by calling (800)-454-5768, Monday through Friday, 9 a.m. - 6:30 p.m. ET.

**ARRIVAL:**

**Arrival Airport:** Santiago, Chile (SCL)

Upon arrival in Santiago's international airport proceed through Immigration, Baggage Claim and Customs before exiting the secured area of the airport. As you walk into the arrivals hall, there will be a lot of people milling around. A Road Scholar representative holding up a Road Scholar sign (does not apply to independently arranged flights or Road Scholar flights that deviate from the published program dates).

If your flight is delayed, please refer to the list of Emergency Contacts in your materials and call the program provider. If you are on a Road Scholar flight, arrangements will be made to either hold the transfer or schedule a separate transfer.

**For participants NOT taking the group transfer:****Directions from the airport to the Pullman Santiago Vitacura Hotel (ex Atton)**

Independent travelers and those deviating from the program dates are responsible for arranging their own transfers. Please see the options below.

Taxi services can be booked at one of the official counters located in the International Arrivals Hall of the international airport in Santiago, Chile. These services are available 24-hours. For a full list of transportation options at the airport, please visit: [www.nuevopudahuel.cl/?language=en](http://www.nuevopudahuel.cl/?language=en)

Some hotels offer an airport shuttle service which is complimentary or available at an additional cost. Please check the accommodation section of your program materials for more information and contact the hotel directly to make a reservation if applicable/appropriate.

If you prefer to schedule a private transfer, please contact 1-800-866-7111 or email [roadscholarprograms@holbrooktravel.com](mailto:roadscholarprograms@holbrooktravel.com) for additional information.

*IMPORTANT:* We have made every effort to ensure that the details in this section are correct as of the date of printing. However, we encourage you to inquire at an information desk should you have any questions.

**END OF PROGRAM**

Monday, December 11, 2023: 6:00 p.m. hotel check-out.

**DEPARTURE:**

Participants with Road Scholar airfare will be dropped off at the international airport 3 hours prior to the departure flights.

Argentina's international airport departure tax is already included in the cost of the Road Scholar international tickets.

Participants who have not purchased airfare through Road Scholar are responsible for making their own transfer arrangements to the first site at the beginning of the program, as well as from the last site at the end of the program. The Information Packet Road Scholar sends in advance of the program includes details needed to make your transfer arrangements. If you wish to purchase airfare through Road Scholar, please call (800) 241-1404.

Please note: In the unlikely event Road Scholar must make changes to the program's arrival or departure details, we will notify all participants as soon as possible. Participants who have purchased Road Scholar airfare are protected against airline change fees; however, anyone who has not purchased Road Scholar airfare will be required to make their own adjustments and may incur fees imposed by the airline.

**For participants NOT taking the group transfer:****Getting from 725 Continental Hotel to the airport**

Please check the accommodation section of your program materials for information on the availability of an airport shuttle service at your program hotel. Airport transfers sometimes need to be booked in advance and might include additional fees. These arrangements, if applicable, must be made directly with the hotel.

The official airport taxi company for Buenos Aires' Ministro Pistarini International Airport (also known as Ezeiza International Airport) is called Taxi Ezeiza. Transfer services to and from the international airport can be booked online at [www.taxiezeiza.com.ar](http://www.taxiezeiza.com.ar) or by calling (+54-11) 5480-0066

If you prefer to schedule a private transfer, please contact 1-800-866-7111 or email [roadscholarprograms@holbrooktravel.com](mailto:roadscholarprograms@holbrooktravel.com) for additional information.

## EMERGENCY CONTACTS AT ROAD SCHOLAR

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While en route to your program, Road Scholar Travel Services is available to offer guidance with air travel emergencies, which include unanticipated flight delays or cancellations.

**If your flight is delayed or you miss your flight, please call Road Scholar Travel Services at 802-254-7190. You may need to leave a callback number. The emergency line is only for participants who made their travel arrangements with Road Scholar Travel Services. Please also alert your Group Leader of any flight changes.**

Road Scholar is not responsible for flights delayed or cancelled or additional expenses incurred before joining the program. Please call us for travel emergencies or if you need guidance rebooking a flight if the airline is not able to satisfactorily help you.

**Emergency contact numbers are only to be used in case of an emergency, and Program Staff Members should only be contacted during your program.**

### **Holbrook Travel (24 hr) Program Provider**

#### **Emergency Contact**

Please let us know if you experience a travel delay on the way to your program that will change your flight arrival information for same-day transfers or delay your arrival beyond the program start date. As a Program Provider, we depend on you to keep us apprised of circumstances affecting your travels as we are unable to access or change your airline reservations for this program.

When calling after hours, please listen carefully to the recorded instructions. There will be an option to "press 2" to be connected to an emergency answering service. The answering service will help you to connect with Holbrook's on-call staff. Emails and voice mail are not monitored after hours and should only be used for non-emergency matters.

In addition to keeping a printed copy of the Road Scholar emergency numbers with your passport, we also suggest temporarily storing it on your cell phone for easy access while traveling. This contact can be left with family, caregivers, or anyone else who might need to reach you due to an emergency while you are away on this program.

Phone: 352-377-7111

**Jorge Guazzini**  
**Site Coordinator**

This is the emergency contact number for the local Road Scholar site coordinator in Chile. Please use this number if you need any assistance once you are already in the country.

\*\*\* If you have any issues with your international flights on the way to your program and need to provide updated information for your arrival transfer, please call your Program Provider, Holbrook Travel (also listed under the EMERGENCY CONTACTS section of your program materials).\*\*\*

When dialing from within the country it is not necessary to enter the "56" country code. We suggest adding this information to your cell phone contacts and/or keeping a printed copy of the Road Scholar emergency numbers together with your travel documents.

Cell Phone: +56-9-9319-3685

**Site Coordinator Argentina**  
**Emergency Contact**

This is the emergency contact number for the local Road Scholar site coordinator in Argentina. When calling from within Argentina, please use "011-15" in place of the "54-911" codes required for international calls.

We suggest adding this information to your cell phone contacts and/or keeping a printed copy of the Road Scholar emergency numbers together with your travel documents.

Cell Phone: +54 -911- 68781562



## PROGRAM NOTES

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### **Scams at Santiago's International Airport**

It's important to note that taxi/transportation scams are a common occurrence at the Arturo Merino Benítez International Airport (SCL) in Santiago, Chile. In the event you wish/need to hire a taxi service at the international airport, please visit the official taxi counters located outside the Customs area. When you exit Customs the taxi counters will be on the left; please follow the airport signs. Official taxi companies charge clients a fixed rate based on the final destination and payment (cash or credit card) is collected at the counter.

Beware that scam artists at the Arturo Merino Benítez International Airport oftentimes wear official-looking IDs and professional attire so they can pose as airport employees or taxi representatives waiting in the Arrivals Hall. The fake airport employees typically approach international travelers under the pretense of offering assistance. Sometimes, scammers tell victims that their airport transportation left without them. At this point, the scammers pretend to help by securing alternate means of transportation or even volunteering the use of their personal cell phones to call the passengers' transfer company. This seemingly generous offer of assistance is usually followed by a bogus phone call and someone on the end of the line—posing as the legitimate company—telling the victims that the service is unable to pick them up at the airport. Before long, the weary travelers are escorted to an airport ATM in order to withdraw money to pay the necessary “transportation fees.” Since victims usually end up getting transferred to their intended destination, most have no idea they were fleeced until they look at their bank account.

If you purchased flights that include an airport transfer to the program hotel, the Road Scholar representative will be waiting for you once you exit the restricted Customs area.

### **Final Instructions**

Please refer to the last few pages of this program booklet to find the final packing list and other important instructions on how to prepare for your program.

### **Pack Extra Prescription Medications**

Please consider packing an extra supply (we suggest enough for an additional 7-10 days) of your prescription medications as you prepare for your program. This precaution will serve you well in the event you experience travel delays due to illness, airline schedule changes, or other unexpected events.

### **Internal Flights During Your Program**

Domestic carriers in Argentina have always had a reputation for making last minute changes to schedules and routes. This has become an even bigger reality since the pandemic and carriers in Chile are also facing similar challenges. Increases in the cost of fuel, staffing challenges, reduced travel volume, and a focus on fill-rates have affected the way carriers operate all over the world.

In the event there are domestic airline schedule changes, we will rework program activities around the new flights and your Group Leader will provide the details in-country. We realize how stressful and disruptive these changes can be and thank you in advance for your patience and understanding.

## **Traveling with Medications that Require Refrigeration**

Please use your Road Scholar “My Account” page to advise that you will be traveling with medications that require refrigeration. After clicking the “Health and Safety” tab and opening that page, please scroll down to the room requirement section and select that you need a room with a refrigerator for your medications. If you wish to provide more details about your health and personal needs, please use the “additional information” section located at the end of that page.

When staying at properties that cannot accommodate a refrigerator in the room, your Group Leader will work with hotel staff to get permission to store medications in the kitchen/bar refrigerator as well as re-freeze ice packs and obtain ice if needed. Participants must bring their own insulated container and reusable ice packs to safely store and transport their medications during the program.

## **Standing for Long Periods of Time**

Do you ever feel that it is harder to stand for a long time than it is to walk? You are not alone. Medical studies show that continuous standing can be very taxing on the human body. The small, constant muscle contractions that allow us to stand and keep our balance put a great strain on leg muscles, feet, and lower backs. This is compounded by the effects of gravity and reduced circulation in the lower extremities that can cause painful swelling of legs and feet.

Fortunately, whether you are waiting in line at the airport, birding in the rainforest, or viewing exhibits at a museum, there are some steps you can take to alleviate the negative effects of prolonged standing.

Here are some good practices to consider:

- \*Wear comfortable shoes with arch support and cushioning.
- \*Use compression socks to improve leg circulation and reduce muscle fatigue.
- \*Keep an active stance—stand with legs shoulder width apart and don’t slouch.
- \*Shift your weight from one foot to the other every so often. Even small motions can help to loosen tight muscles and your spine.
- \*Stay hydrated to reduce leg swelling and fatigue—especially in hot environments.
- \*Use a walking stick with folding seat or a small folding camp stool to rest. Practice using the seat on different terrains before travel.
- \*Stretch your back by standing with legs shoulder width apart and placing your hands—fingers pointing down—on your lower back. Exhale for a few seconds as you slowly stretch backwards and keep legs straight. Return to your original position and repeat a few times.

## Some Typical Dishes from Chile

- \*Ceviche - Diced seafood cured in citrus juice—oftentimes from limes or grapefruit—and mixed with thinly sliced red onions, cilantro, garlic and chili peppers.
  
- \*Curanto - This dish hails from the indigenous peoples of Chiloé. Fish, shellfish, beef, chorizo sausages, vegetables, herbs and potato dumplings are baked underground in a pit oven (similar to a Hawaiian “imu”).
  
- \*Pastel de choclo - Seasoned ground beef, chicken strips, olives, raisins and boiled eggs are baked in an earthen pot with a top layer of ground sweet corn (choclo). This is a favorite comfort food in Chile.
  
- \*Empanada - Fried pastries which usually contain a cheese filling or a meat combination. The popular “empanada de pino” is stuffed with a ground beef mixture that includes raisins, onions, olives, and boiled eggs.
  
- \*Ensalada chilena - This dish (meaning Chilean salad) is comprised of tomatoes, thinly sliced onions, cilantro, olive oil, plus salt and pepper to taste.
  
- \*Completo - A hot dog with mustard, mayonnaise, and sauerkraut. A “completo italiano” is a hot dog with mayonnaise, tomatoes and avocado.
  
- \*Cazuela - This light soup is made with a meat—usually chicken or beef—and rice, potato, corn and squash/pumpkin.
  
- \*Caldillo de congrio - Soup/chowder made with conger eel, onions, garlic, peppers, tomatoes, carrots, salt and pepper and cream. Even Pablo Neruda—Chile’s beloved poet and Nobel Laureate—waxed poetic about this national dish in his “Oda al Caldillo de Congrio.”
  
- \*Porotos granados - Vegetable stew made with cranberry beans, squash and corn.
  
- \*Pebre - Similar to the Mexican “pico de gallo,” this popular condiment is made with chopped peppers, onion, garlic, olive oil, vinegar and cilantro.
  
- \*Humitas - Similar to a tamale. Corn husk bundles are filled with a mixture made of ground corn, onion, basil, lard and seasonings and boiled in hot water.
  
- \*Mote con huesillo - A sweet beverage made with dried peaches and hulled wheat or barley.

## Some Typical Dishes from Argentina

\*Choripán – Beef/pork chorizo (sausage) sandwich made with crusty French bread. Optional toppings usually include caramelized onions and/or peppers and chimichurri sauce.

\*Dulce de leche – Creamy caramel used in various desserts, especially as filling for churros, cookies, cakes and pastries.

\*Alfajores – Argentina’s favorite cookie sandwich is made with buttery shortbread cookies filled with dulce de leche. They are sometimes dipped in chocolate or sprinkled with powdered sugar and are frequently eaten for breakfast or during the day as a snack.

\*Empanadas – Traditionally, this pastry is filled with seasoned ground beef and is fried or baked, but it is pretty common to find them with other fillings such as cheese, veggies or even dulce de leche.

\*Sorrentinos – Similar to raviolis, but larger and round, this type of stuffed pasta is typically filled with ricotta cheese and ham or with ricotta and basil and served with a cream or tomato-based sauce. If looking for a meatless option, inquire about the sauce ingredients as well as the filling. Many pasta dishes in the country are topped with “salsa tuco” which is a thick, pasta sauce made with ground beef, tomatoes, carrots, green peppers, garlic and other seasonings.

\*Yerba Mate – Caffeinated tea, made famous by the Gauchos, is brewed by steeping the dried leaves of the *Ilex paraguariensis* in hot water.

\*Fernet con Coca - A mixed drink made with Coca-Cola and a bitter-tasting Italian liquor, called Fernet, served over ice.

\*Fainá—Similar to baked polenta, this crunchy chickpea flatbread is meant to be eaten together with pizza (deep dish with little sauce and lots of cheese).

\*Carbonada – Beef stew cooked with potatoes, corn on the cob, carrots, bacon, peppers, apricots and spices. Sometimes baked and presented in a hollowed out pumpkin.

\*Milanesa – A thin steak dipped in an egg mixture, then coated in breadcrumbs and fried until golden. Chicken milanesa is a popular variation.

## Special Diets

We will do our best to accommodate special diets during the program, but please note we cannot guarantee that our vendors will be able to meet all requests. We also cannot prevent cross-contact. It will be up to your discretion to decide what food choices are appropriate based on your individual needs. If you have extreme dietary needs, please prepare to bring your own items.

Please use your Road Scholar “My Account” page to advise if you have a dietary need. This information is used to alert local restaurants, hotels, and other applicable venues, to our Road Scholar participants’ needs and give them time to try and accommodate our requests.

## **Biodegradable Sunscreens**

Growing scientific research shows that oxybenzone (Benzophenone-3), a standard ingredient in most sunscreens, can cause irreparable damage to coral reefs and other marine life. Even small quantities of oxybenzone can bleach, deform and kill coral and have toxic effects on fish and other aquatic lifeforms.

When shopping for a sunscreen for your program, look for products labeled as biodegradable and/or “reef safe” and check the list of ingredients. Dive shops and large outdoor/sporting goods stores tend to carry this sort of product. If you are unable to find any where you live, your best option is to buy online.

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## **PROGRAM STAFF AND INSTRUCTORS**

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### **Marisa Zeidan**

#### **Group Leader**

Marisa Elizabeth Zeidan is a certified Argentinean national guide and a seasoned expedition leader. She’s a native of Buenos Aires and studied tourism at the Instituto Nacional Perito Moreno. Marisa cut her teeth working with incentive groups and cruise lines before becoming an expedition leader for a number of well-known educational travel organizations. She has led groups to Chile, Argentina, Brazil, Uruguay, Peru, Cuba, Mexico, Ecuador, and the Galapagos Islands. Marisa is fluent in English and Portuguese in addition to her native Spanish.

## ACCOMMODATION SCHEDULE

Dates	Location	Accommodation
Days 2 - 3 November 30 - December 1, 2023	Santiago	Pullman Santiago Vitacura Hotel (ex Atton) Avenue Vitacura 3201 Santiago, 7630578 Chile +56-2-2944-7800 Web: <a href="http://www.accorhotels.com/en/hotel-B470-pullman-santiago-vitacura-ex-atton/index.shtml">www.accorhotels.com/en/hotel-B470-pullman-santiago-vitacura-ex-atton/index.shtml</a>
Days 4 - 5 December 2 - 3, 2023	Puerto Varas	Hotel Cabaña del Lago Klenner 195 Puerto Varas, Chile +56-65-232291 Web: <a href="http://hotelcabanadellago.cl/">hotelcabanadellago.cl/</a>
Days 6 - 7 December 4 - 5, 2023	Bariloche	Villa Huinid Hotel Bustillo Avenida Exequiel Bustillo 2600 San Carlos de Bariloche, R8402-AAY Argentina +54 -294-4523523 Web: <a href="http://huidid.com/bariloche/hotel-bustillo/">huidid.com/bariloche/hotel-bustillo/</a>
Days 8 - 9 December 6 - 7, 2023	Buenos Aires	725 Continental Hotel Saenz Pena 725 Avenue Roque Buenos Aires, C1035AAC Argentina +54 -11-41318000 Web: <a href="http://www.725continental.com/default-en.html">www.725continental.com/default-en.html</a>
Days 10 - 11 December 8 - 9, 2023	Iguazu Falls	Amerian Portal del Iguazu Avenue Tres Fronteras 780 y Avenue Eduardo Arrabal Puerto Iguazu, Misiones, N3370XAJ Argentina +54 -3757-49-8200 Web: <a href="http://www.amerian.com/hotel/Amerian-Portal-del-Iguazu/">www.amerian.com/hotel/Amerian-Portal-del-Iguazu/</a>

<b>Dates</b>	<b>Location</b>	<b>Accommodation</b>
Day 12 December 10, 2023	Buenos Aires	725 Continental Hotel Saenz Pena 725 Avenue Roque Buenos Aires, C1035AAC Argentina +54 -11-41318000 Web: <a href="http://www.725continental.com/default-en.html">www.725continental.com/default-en.html</a>

## TRAVEL ADVICE

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### **Airline Luggage Regulations**

Please be aware that many airlines impose strict weight limits on luggage. Please consult Road Scholar Travel Services or your travel agency for luggage regulations and penalties on specific airlines.

### **Airport Check-In**

- Arrive at the airport a minimum of 2 hours before scheduled flight departure for domestic flights (3 hours for international flights).
- Under FAA rules, all airline passengers are limited to what items they can carry on board. Please check with your airline to avoid unpleasant surprises.
- Make sure that you have your passport, visas and other required travel documents (tickets, e-ticket, itinerary, ticket confirmation number) with you.
- Individuals without a ticket or boarding pass will not be allowed beyond the security checkpoint.

### **What should I take in my carry-on baggage?**

When packing your carry-on baggage, keep in mind that this will be all you have for a day or two if your luggage is lost. Therefore, you should take essential and valuable items. We recommend packing the following items in your carry-on luggage:

- Your tickets, any visas you may need, and any other tickets or vouchers you will need for further travel after your program is over
- Your passport and a photocopy for added security. (Carry your photocopies separately from the originals.)
- Your personal health insurance information
- Your prescription medicine(s) with copies of prescription(s)
- Reusable water bottle to refill during travel and throughout the program
- A change of clothing
- Your camera
- Something to snack on, if it helps you during travel
- Road Scholar emergency contact information, accommodation details including name and address, as well as arrival and transfer information.

All rules and practices regarding security, carry-ons, and other airline/airport practices are subject to change without notice. It is best to call Road Scholar Travel Services, your airline, or check with the airport just before departure for the latest updates.

### **Travel Advisories**

For the most current aviation update and travel advisory information, you can visit the Federal Aviation Administration at [www.faa.gov](http://www.faa.gov), the U.S. Department of Transportation at [www.dot.gov](http://www.dot.gov), the Transportation Security Administration at [www.tsa.gov](http://www.tsa.gov), or check with the individual airlines for their current policies.



### **Smart Traveler Enrollment Program (STEP)**

The Smart Traveler Enrollment Program (STEP) is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. Enrollment is voluntary and costs nothing, but it should be a part of your travel planning and security. To enroll visit <https://step.state.gov/step/>

### **Some Advice About Shopping**

No matter where you are in the world, shopping is an optional free-time activity and not part of the Road Scholar program. For participants who wish to buy souvenirs, handicrafts, or expensive items such as cameras, jewelry, paintings, perfume, rugs, etc., we offer the following advice for your benefit and greater enjoyment of the program.

- Neither the Group Leader nor other Road Scholar program staff is permitted to lead shopping expeditions. If you have a particular request, a member of the staff may be able to suggest known shops or vendors, but this should never be taken as encouragement to make purchases or endorsement of the value, quality, or authenticity of particular items.
- Neither Road Scholar nor the Program Provider organization has partnerships or other relationships with vendors of any kind. We do not request, receive or accept commissions from vendors, nor do we act as guarantors, agents, or expeditors for merchandise to be shipped later. Please do not ask the Group Leader or other staff to assist you in this regard.
- When and if you visit local factories, galleries, handicraft shops, or other establishments as part of the program it is for the educational value involved. You are always free to make - or not make - purchases as you like.
- Road Scholar groups should never be subjected to a high-pressure “sales pitch.” If you encounter such a situation, please notify Road Scholar.
- If you do choose to purchase souvenirs or crafts, please remember to shop local! Purchasing from local stores and artisans will contribute to the community you are visiting. Your Group Leader can help provide suggestions.

Most of all, if you choose to purchase art, handicrafts, or other items, we hope it will be as a wonderful reminder of your program experience.

### **Preventive Measures to Avoid Illness**

Here is guidance from the Centers for Disease Control on how to avoid contracting and spreading an illness.

Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

For those looking for additional resources on this topic, we recommend trusted sources, such as the Centers for Disease Control and Prevention and the World Health Organization.

## **Other Health Requirements**

Chile and Argentina have dropped all COVID-19 testing and vaccination requirements for entry. Face masks are recommended, but not required in public spaces and transportation.

All routine vaccinations (e.g., tetanus, hepatitis A, flu shots, etc.) should be kept up-to-date as a matter of good health practice; especially if you plan to travel internationally. In preparation for your program, you should check health and travel advisories that affect your itinerary. Information from organizations such as the Centers for Disease Control and Prevention (CDC), World Health Organization (WHO), and the U.S. Dept. of State can help you plan ahead.

At least six weeks prior to departure, make arrangements to see your physician or the travel nurse at your local public health clinic to determine what vaccinations are appropriate based on your medical history and travel itinerary. Information can be obtained by visiting the CDC's website at [www.cdc.gov/travel](http://www.cdc.gov/travel) or by calling 800-CDC-INFO. Some vaccinations do not offer immediate protection and require days or weeks to take full effect; therefore, do not leave your doctor's appointment and vaccinations to the last minute.

The rigors of travel and changes in diet can sometimes disrupt sensitive digestive systems. Past participants have suggested taking probiotic supplements to help maintain digestive health during travel.

When you leave your hotel room/cabin for any length of time, please use the safety deposit box (if available) to secure your valuables and lock the rest of your items inside your suitcase/s. Leaving your belongings out in the open, spread about your room, makes it tempting and easy for someone to quickly pocket items. Use TSA approved locks when securing your luggage.

If you have a smart phone, we would like to remind you not to leave it unattended during your travels. Smart phones—even older models—can fetch very high prices overseas and there is a growing global market for stolen phones.

Since laptops and cameras oftentimes don't fit into the small safety deposit boxes, check if your hotel/cruise vessel has a safe at the front desk where you can store larger valuables (get a receipt). Other options include using safety devices such as laptop security locks, Ipad cases with cable locks and steel mesh cabling that can be wrapped around backpacks/bags and then secured via a steel cable to an immovable object (much like a bicycle chain/cable). Although these gadgets aren't full proof, they will make your items harder to steal and less appealing for someone looking for a quick grab-and-dash. If none of these options are available, we suggest you store your valuables in your locked suitcase when you leave your accommodation.

## **Changes to Your Program**

While we make every effort to ensure the accuracy of our published materials, programs are typically advertised more than a year prior to their start date. As a result, some program activities, schedules, accommodations, personnel, and other logistics occasionally change due to local conditions or circumstances. Should a major change occur, we will make every effort to alert you. For less significant changes, we will update you during orientation. Thank you for your understanding.

## FINAL DAY-BY-DAY ITINERARY

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*Please be aware that program activities and scheduled times could change due to local circumstances. In the event of major changes, we will alert you as quickly as possible. Less significant changes will be communicated during orientation. Thank you for your understanding.*

### **Day 1: In Transit to Program**

**Wednesday, November 29**

Depart From: Depart North America on overnight flights to Santiago, Chile. Refer to your personal air itinerary for specific flight information.

### **Day 2: Early Check-in, Orientation, Downtown Santiago**

**Thursday, November 30**

Arrive To: Aeropuerto Internacional Comodoro Arturo Merino Benítez — Commodore Arturo Merino Benítez International Airport (SCL), in Pudahuel, a little more 9 miles (15 km) from Santiago.

If you booked flights through Road Scholar, a representative will be outside the restricted arrivals hall to assist you with transportation to the hotel.

Morning: After check-in to the hotel, take some time to freshen up and relax before our Orientation session.

12:00 p.m. Orientation at the hotel. The Group Leader will greet everyone and lead introductions. We will review the up-to-date program schedule and any changes, discuss roles and responsibilities, logistics, safety guidelines, emergency procedures, and answer any questions you may have.

Travel and transfers will be via air-conditioned bus (with several steps) unless specified otherwise. The bus does not have a restroom on board; however, there will be stops at least every two hours for program activities, meals, and/or basic rest stops to break up longer travel times. Meals will feature local cuisine. Beverages will typically include coffee, tea, water; other beverages are usually available for purchase.

Periods in the schedule designated as “Free time” and “At leisure” offer opportunities to do what you like and make your experience even more meaningful and memorable according to your personal preferences. The Group Leader will be happy to offer suggestions.

Program activities, schedules, personnel, and indicated distances or times may change due to local circumstances/conditions. In the event of changes, we will alert you as quickly as possible. Thank you for your understanding.

Lunch: At the hotel.

Afternoon: We will be joined by a local expert who will give us an overview of Chile. We'll then board our bus and ride to downtown Santiago where we'll set out on a walking field trip to view local architecture, shops, and neighborhoods. A local expert will provide significant historical and cultural information throughout our explorations.

The capital of Chile is a city where residents have traditionally looked to Europe as a model for architecture and culture. This influence can readily be seen in its stately palaces, plazas, parks, and churches. Santiago is the country's colonial center, surrounded by 31 comunas or communities with their own municipal administration.

Dinner: At a café in the Las Tarrías neighborhood of Santiago where a local expert will introduce the region's cuisine.

Evening: At leisure. Continue getting to know your fellow Road Scholars, settle in, and get a good night's rest for the day ahead.

*Note: Early check in starts at 9:30 a.m. See your program's "Getting There" information regarding transfers. Getting on/off a bus; city driving. Walking up to 2 miles and standing during field trip; mostly flat, paved surfaces.*

*Accommodations: Pullman Santiago Vitacura Hotel (ex Atton)*

*Meals Included: Lunch, Dinner*

### **Day 3: Valparaiso Field Trip, Wines of the Casablanca Valley, Friday, December 01**

Breakfast: At the hotel.

Morning: We'll board the bus and begin our journey to Valparaiso. Upon arrival, we will set out on an exploratory walk including a funicular ride for views of the harbor and city.

Valparaiso is the country's most important seaport and the alleged cultural capital of Chile. Built upon dozens of steep hillsides overlooking the Pacific Ocean, Valparaíso boasts a labyrinth of streets and cobblestone alleyways, embodying a rich architectural and cultural legacy. Now a UNESCO World Heritage Site, the city is also host to the National Congress of Chile.

Lunch: At a local restaurant.

**Afternoon:** We will leave the coast and head back to Santiago via the Casablanca Valley. In the Valley, we'll stop at a local winery to view its vineyards and learn about the winemaking process. Chile's Casablanca Valley has developed an international reputation among wine connoisseurs for turning out deliciously crisp white wines. The Valley is located just 20 miles from the Pacific Ocean and less than 50 miles northwest of Santiago. As the nutrient-rich Humboldt Current makes its journey northwards from Antarctica, it moves up along the coast of Chile bringing cool ocean breezes. The area's Mediterranean-like climate is perfect for producing high quality Sauvignon Blanc, Chardonnay, and Riesling wines.

Late afternoon arrival at the hotel.

**Dinner:** On your own to enjoy what you like. The Group Leader will be happy to offer suggestions.

**Evening:** At leisure. Prepare for check out.

*Note: Getting on/off a bus; driving about 144 miles throughout the day, approximately 3 hours riding time. Walking up to 2 miles; cobbled stone streets; some stairs and steep inclines, flat ground and intermittent standing at winery.*

*Accommodations: Pullman Santiago Vitacura Hotel (ex Atton)*

*Meals Included: Breakfast, Lunch*

**Day 4: Agriculture, La Vega, Mercado Central, Fly to Puerto Montt  
Saturday, December 02**

**Breakfast:** At the hotel.

**Morning:** We'll take a look at the history of agriculture and winemaking in Chile during a presentation at the hotel.

We'll then check out, board the bus, and ride to La Vega for a walking field trip. This large, covered produce market in downtown Santiago is a treat to the senses. La Vega houses hundreds of vendors selling fresh fruit, vegetables, seafood, meats and all nature of products for the household.

Next, we'll take a short ride to the city's original Mercado Central, arriving in time for lunch. The site has a small collection of restaurants where it's possible to sample local fare while watching merchants and shoppers going about their business.

**Lunch:** At a Mercado Central restaurant.

Afternoon: We'll ride to the airport and board our flight to Puerto Montt.

Founded by German settlers in the mid-19th century, Puerto Montt still retains a distinctive middle-European face, with Nordic and alpine architecture. The city is best known as a gateway to the southern lakes of Chile, Chiloé Island, and Chilean Patagonia.

Upon arrival, we will board a bus and ride to a farmhouse restaurant to learn about indigenous culture as we enjoy a typical meal called Curanto a la Olla (Curanto in a Pot). In its original form, the dish is steamed and baked in a pit lined with hot rocks and covered with wild rhubarb leaves. A modern interpretation of the dish uses large pots to cook the assortment of seafood, meats, potatoes and vegetables.

Dinner: At the farmhouse restaurant, we'll enjoy a traditional meal.

Evening: Next, we'll ride to the hotel in Puerto Varas for check-in and room assignments. The remainder of the evening is at leisure.

*Note: Getting on/off a bus; driving about 35 miles, approximately 1.5 - 2 hours riding time. Walking up to 1 mile; flat, paved terrain. Flight Puerto Montt approximately 1 hour 45 minutes. NOTE: Airlines in Chile and Argentina are notorious for changing flight routes and schedules without notice. In the event of flight delays or airline schedule changes, it could be necessary to adjust the timing of some program activities. The Group Leader will keep everyone updated on any changes to the schedule.*

*Accommodations: Hotel Cabaña del Lago  
Meals Included: Breakfast, Lunch, Dinner*

### **Day 5: Puerto Varas History, German Museum, Free Time Sunday, December 03**

Breakfast: At the hotel.

Morning: A ride around scenic Lake Llanquille will pave the way for our field trip to the town of Frutillar. Once there, we'll get an in-depth look at the challenging lifestyle of the area's early immigrants during an expert led visit to the German Colonial Museum before enjoying a walk through the town and its impressive performing arts theater.

Then we'll return to the bus and drive to a historic home, featuring typical Tyrolean-style architecture, that has been converted into a small restaurant.

We'll round out today's explorations with a presentation on the history of German immigration to Chile given by our Group Leader.

Lunch: At a local restaurant.

Afternoon: Returning to the hotel, the remainder of the afternoon is free.

Dinner: On your own to enjoy the local fare of your choice.

Evening: At leisure. You might like to join other Road Scholars and visit one of the local Puerto Varas establishments for drinks and musical entertainment or enjoy a relaxing evening on the hotel terrace admiring the twinkling lights reflected off the waters of Lake Llanquihue. Prepare for check out and transfer in the morning.

*Note: Getting on/off a bus; driving about 45 miles, approximately 1.5 hours riding time. Walking up to 2 miles day total; mostly flat, paved grounds, some steps.*

*Accommodations: Hotel Cabaña del Lago*

*Meals Included: Breakfast, Lunch*

## **Day 6: Petrohue Falls, Lake Crossing to Bariloche, Andean Highlands**

### **Monday, December 04**

Breakfast: At the hotel.

Morning: We'll check out of the hotel and ride to Petrohué. There, we will set out on a walking field trip on a boardwalk that will take us past the black rock waterfalls of Petrohué at the edge of Todos los Santos Lake. Petrohué Falls lies in the threshold of the mighty Osorno Volcano, and the unique falls are comprised of a series of oddly twisting chutes among crystallized black volcanic rock. The rock is particularly resistant to erosion, lending the falls a peculiar shape.

Before leaving Chile we will stop at a border control point to show our passports/travel documents and clear immigration; we'll undergo separate immigration procedures once we cross the border and arrive to Argentina.

We'll ride to the nearby dock and board a ferry to begin our lake crossing journey to Argentina.

Lunch: At a restaurant en route.

Afternoon: Our lake crossing will continue throughout the afternoon with a series of boat and bus transfers. We expect to arrive in Bariloche in the early evening. Then we will drive to the hotel for check in.

Bariloche is the primary city in the Argentinean Lake District and is a hub for accessing alpine resorts in the area as well as the Nahuel Huapi National Park.

Dinner: At the hotel.

Evening: At leisure.

*Note: Getting on/off a series of buses and lake ferries; approximately 9-12 hours total travel time. Walking up to 1 mile; mostly flat, paved paths, some steps. Before leaving Chile we will stop at a border control point to show our passports/travel documents and clear immigration; we'll undergo separate immigration procedures once we cross the border and arrive to Argentina.*

*Accommodations: Villa Huinid Hotel Bustillo*

*Meals Included: Breakfast, Lunch, Dinner*

## Day 7: Cerro Campanario, Arrayanes Forest, Rio Limay Float

Tuesday, December 05

- Breakfast:** At the hotel, we'll enjoy a buffet meal with a selection of hot and cold dishes, fresh fruit, cereals, breads, pastries and juice, coffee, tea, water.
- Morning:** We will board our bus and ride to the Cerro Campanario chairlift and ride up to the look-out point high above Bariloche. At the top (3,400 feet), we will thrill to the stunning 360° views of the city and its surrounding pine forests, lakes, and Andean peaks. A local expert will enhance our experience by pointing out landmarks and providing background information on Bariloche's economy and agricultural activities. It can get chilly up here, so those who wish to warm up with a strong "café chico" or some of the region's famed hot chocolate will have an opportunity to purchase some at the on-site restaurant.
- After riding back down, we'll ride to a forested area about 15-20 minutes away in order to learn about "llao llao" mushrooms. This yellowish-orange fungi is native to Southern Chile and Argentina and is often called "pan de indio" (Indian's bread) as it was commonly consumed by indigenous peoples. During a leisurely walk, we also hope to see some arrayan trees (*Luma apiculata*), known for their cinnamon colored bark and attractively twisted trunks.
- Next, we'll ride to a local brewpub owned by an immigrant family. During our visit, we'll learn about the family's experience settling in Bariloche and also gain some insights into the art of crafting beer.
- Lunch:** At the brewpub.
- Afternoon:** We'll ride back to the hotel to change clothes, then set out on our next field trip, driving approximately one hour outside of Bariloche to a boat drop-off site on the Rio Limay. After receiving instructions and donning life-jackets we will board inflatable rafts in preparation for a leisurely "float" down the river. Our journey will take us past interesting volcanic landscapes and areas with rich bird life. Once back on terra firma, we'll wrap-up our river expedition with afternoon tea. Enjoy a cup of coffee, tea or water with some local pastries, fruit, bread and assorted jams before returning to the hotel.
- Dinner:** On your own to sample local fare.
- Evening:** At leisure. Prepare for check out and our flight to Buenos Aires tomorrow.

*Note: Getting on/off a bus; driving about 140 miles, approximately 4.5 hours riding time. Getting on/off a chair lift rising to 3,400 feet elevation, approximately 7 minute ride each way. Getting on/off rafts; approximately 2 hours riding time. Walking 1.5 - 2 miles; paved and unpaved paths and getting in and out of rafts.*

*Accommodations: Villa Huinid Hotel Bustillo*

*Meals Included: Breakfast, Lunch*



## **Day 8: Bariloche's First Settlers, Fly to Buenos Aires**

**Wednesday, December 06**

- Breakfast: At the hotel.
- Morning: We'll be joined by a local expert for an introductory presentation to learn about the Mapuche Indians and the founding of Bariloche. We'll then set out on a walking field trip through the town. Our exploration will include stops at the Cathedral of Our Lady of Nahuel Huapi — also known as San Carlos de Bariloche Cathedral — the civic center, main square, and the downtown museum.
- We'll then ride to the Bariloche airport for our flight to Buenos Aires.
- Lunch: During the flight, we'll have bag lunches.
- Afternoon: Once we arrive in Buenos Aires, we will board a bus, ride to the hotel, and check in with some time to freshen up and relax.
- Dinner: On your own to have what you like. The Group Leader will be happy to offer suggestions.
- Evening: At leisure.

*Note: Getting on/off a bus; driving about 20 miles, approximately 1.5 hours riding time. Flight from Bariloche to Buenos Aires usually takes just over 1 hour. NOTE: Airlines in Argentina are notorious for changing flight routes and schedules without notice. In the event of flight delays or airline schedule changes, it could be necessary to adjust the timing of some program activities. The Group Leader will keep everyone updated on any changes to the schedule.*

*Accommodations: 725 Continental Hotel*

*Meals Included: Breakfast, Lunch*

## **Day 9: La Boca, San Telmo, Teatro Colon, Tango Show**

**Thursday, December 07**

- Breakfast: At the hotel.
- Morning: We'll learn about current social, economic, and political issues in Argentina during an expert presentation at the hotel. We'll then ride to La Boca and San Telmo neighborhoods and set out on a walking field trip into Buenos Aires' colorful multicultural neighborhoods. The Group Leader will explain the history of these communities as we explore bustling streets and analyze differences in architecture and cultural influences.
- La Boca was founded by European immigrants, many from Italy, and is known for its vibrantly colored houses, artsy shops, and restaurants. At Caminito Street be on the lookout for street performers dancing to the sensuous music of Carlos Gardel and other famous tango crooners.
- San Telmo, the city's oldest barrio, emerged from its working class roots to become an artsy, multicultural hub. Colonial buildings and cobblestone streets stand in contrast to boutiques, hip restaurants, and bars.

- Lunch:** In San Telmo, enjoy a light meal.
- Afternoon:** Next, we will reboard the bus and ride to the iconic Teatro Colón. Since 1908 visitors have marveled at the imposing seven-story Teatro Colón, a truly world-class center for opera, ballet and classical music. We'll learn from a theater representative about the history, architecture, and artwork of this beloved cultural landmark while exploring the main areas of the building.
- Returning to the hotel, we'll have an opportunity to freshen up and relax before gathering for an expert presentation on the history and culture of the Tango. The dance has its origins in the brothels and tenements of late 19th-century Buenos Aires. With the popularization of the music by legendary performers such as Carlos Gardel, the dance began to slowly make its way into the elegant salons of Buenos Aires.
- Dinner:** At a local restaurant, we'll enjoy a tango show during dinner.
- Evening:** At leisure. Prepare for check out and flight to Iguazu Falls tomorrow.

*Note: Getting on/off a bus; city driving about 40 miles, approximately 2.5 hours riding time. Walking 1.5 miles; flat, paved terrain and some steps. Wear comfortable walking shoes.*

*Accommodations: 725 Continental Hotel  
Meals Included: Breakfast, Lunch, Dinner*

**Day 10: Recoleta, Fly to Iguazu Falls, About the Falls  
Friday, December 08**

- Breakfast:** At the hotel.
- Morning:** Hotel check out. Before heading to the domestic airport for our flight to Puerto Iguazu, we'll accompany our local expert on a walking exploration of Recoleta to view some of the neighborhood's stylish architecture and visit its famous cemetery. Recoleta's attractive plazas, parks, tree-lined avenues, and elegant turn-of-the-century architecture helped Buenos Aires earn the moniker "Paris of South America." Expensive shops, elegant restaurants, and luxurious mansions and apartments cater to the country's elite. Even its large cemetery, the historic Cementerio de la Recoleta, caters to Buenos Aires' rich and famous. It is the final resting place of Eva Peron.
- Then we'll drive to Buenos Aires' domestic airport to check in for our flight to Puerto Iguazu.
- Lunch:** En route, we'll have boxed lunches.
- Afternoon:** We will board a bus at the Puerto Iguazu airport and ride to our hotel that is situated between Puerto Iguazu and the Falls. After checking in to our rooms with some time to freshen up and relax, we will gather for an expert presentation on the geology and significance of Iguazu Falls.
- Dinner:** At the hotel.

Evening: At leisure.

*Note: The flight from Buenos Aires to Iguazu Falls usually takes just under 2 hours. Activities at Iguazu will focus on the Argentinean side of the falls.*

*\*\*In the event of flight delays or airline schedule changes, it might be necessary to adjust the timing of some program activities. Your group leader will keep you updated on any changes to your itinerary.*

*Accommodations: Amerian Portal del Iguazu*

*Meals Included: Breakfast, Lunch, Dinner*

### **Day 11: Iguazu Falls National Park**

**Saturday, December 09**

Breakfast: At the hotel.

Morning: We will board a bus and ride to Iguazu National Park for a full day of explorations on the Argentinean side of the falls. We'll explore on foot, traversing upper and lower trails of the park for a closer look at some of the 275 falls that drop from the Iguazu River amid the jungle that surrounds it. Keep eyes open for wildlife!

Seasonal increases in rainfall can sometimes cause the falls to swell and spill as much as 3.8 million gallons of water per second!

Lunch: At a restaurant at the Falls.

Afternoon: We will continue our explorations at the Falls then board the bus and ride back to our hotel.

Dinner: At the hotel.

Evening: At leisure. Have luggage packed and ready for a morning check out.

*Note: Getting on/off a bus; driving about 24 miles, approximately 1/2 hour riding time. Walking up to 3 miles; catwalks, paved paths, some steps. Bring a lightweight rain poncho and take measures to protect camera equipment from getting wet since the walkways get hit with water spray and mist from the Falls.*

*Accommodations: Amerian Portal del Iguazu*

*Meals Included: Breakfast, Lunch, Dinner*

### **Day 12: Fly to Buenos Aires, Free Time**

**Sunday, December 10**

Breakfast: At the hotel.

Morning: After check out, we will board a bus and ride to the airport for our flight to Buenos Aires.

Lunch: On your own. There will be an opportunity to purchase snacks at the airport.

Afternoon: Upon arrival to Buenos Aires, we will board a bus and ride to our hotel for check in followed by free time. Take this opportunity to relax at the hotel, work on your packing, or do some independent explorations in Buenos Aires.

We'll regroup at the hotel then ride to a family home in preparation for dinner.

Dinner: At a family home we'll help prepare some of the typical Argentinean dishes we'll be eating.

Evening: We'll return to the hotel followed by time at leisure. Prepare for check-out and departure tomorrow.

*Note: Getting on/off a bus; driving about 40 miles, approximately 1.5 - 2 hours total riding time. The flight from Iguazu to Buenos Aires usually takes just under 2 hours.*

*Accommodations: 725 Continental Hotel*

*Meals Included: Breakfast, Dinner*

### **Day 13: Museum Visit, Program Concludes, In Transit From Program**

#### **Monday, December 11**

Depart From: Aeropuerto Internacional Ministro Pistarini—Ministro Pistarini International Airport (EZE), about 14 miles outside of Buenos Aires. Refer to your personal air itinerary for specific flight information.

Breakfast: At the hotel.

Morning: We'll board our bus and ride to the Retiro neighborhood for a field trip to the Fernandez Blanco Museum of Hispano-American Art. A local expert will lead our exploration through the various exhibits representing the art being produced throughout the viceroalties of Peru and the Río de la Plata. The collection represents an important record of the craftsmanship and styles of furniture, clothing, engravings, jewelry, and silver housewares that were produced during the colonial period. The museum is housed in a small palace built in 1922 and designed by architect Martín Noel.

Lunch: At the museum restaurant. Share favorite experiences with new Road Scholar friends during our last meal as a group.

Afternoon: We will ride back to the hotel and have some "down time" before our check out at 6:00 p.m. This concludes the program.

If you are returning home, safe travels. If you are staying on independently, have a wonderful time. If you are transferring to another Road Scholar program, detailed instructions are included in your Information Packet for that program. We hope you enjoy Road Scholar learning adventures and look forward to having you on rewarding programs in the future. Don't forget to join our Facebook page and follow us on Instagram. Best wishes for all your journeys!

*Note: Getting on/off a bus; driving about 23 miles, approximately 1 hour. Hotel day room, check out by 6:00 p.m. See your program's "Getting There" information regarding transfers.*

*Meals Included: Breakfast, Lunch*

**Day 14: Arrive to North America****Tuesday, December 12**

Arrive To: Arrivals to North America.

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**THE ROAD SCHOLAR MISSION**

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Not-for-profit Road Scholar inspires adults to learn, discover, and travel. Our learning adventures engage expert instructors, provide extraordinary access, and stimulate discourse and friendship among people for whom learning is the adventure of a lifetime.

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**OUR COMMITMENT TO DIVERSITY**

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Road Scholar values diversity as a dynamic and integral part of a thriving educational community. We strive to develop dynamic program content and offerings that represent the rich diversity of our society and to foster a welcoming, inclusive and equitable work and learning environment for people of all backgrounds and identities.



## FINAL PACKING INFORMATION

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This program will take you through different climatic zones in Chile and Argentina. Bring clothes that can be worn in layers during cooler days and then easily removed if the weather becomes warmer. Everything is quite casual, so there is no need for fancy dress. Note: Locals in Santiago and Buenos Aires are known for their fashionable styles and impeccable attire. A nicer outfit for nighttime outings is suggested, but not required.

**Face masks & hand sanitizer:** Please pack a supply of face masks and sanitizer to last the duration of your travels. We suggest always having a couple of masks and hand sanitizing wipes/gel available in your daypack during program activities. While the use of face masks is optional in most situations, you might be asked to wear a mask in the event you or a fellow participant experiences a respiratory illness during your journey.

**COVID-19 home test kit:** Although not mandatory, we suggest packing a COVID-19 home test kit in your luggage so that you can self-test if needed during your program.

**Shirts and blouses:** T-shirts are appropriate for all activities. Dry-weave athletic shirts are a great choice as they are lightweight, wick away perspiration, and dry quickly after being washed. Do not forget to pack a couple of long sleeved shirts for use on cooler days as well as for protection against the sun and mosquitoes.

**Shorts:** Shorts can be worn in the field and in towns though it might be too cold to wear in the highlands. Shorts are not recommended attire for dinners at restaurants in Buenos Aires and Santiago.

**Trousers:** Lightweight cotton slacks, hiking/trekking pants, or safari pants are good choices for this program. Some participants have suggested packing hiking pants with zip-off legs that easily convert into shorts.

**Jackets and sweaters:** A sweater, lightweight jacket, or windbreaker and a sweatshirt may be needed in the early morning or evening in the highlands. T-shirts are generally comfortable during the daytime.

**Underclothing and socks:** Take an adequate supply of undergarments and socks based on the length of your program.

**Bathing Suit:** Swimming pools are available at some of your program locations.

**Shoes:** Include a pair of comfortable walking shoes for daily activities and a pair of nicer shoes for special occasions.

**Headgear:** A light hat with a wide brim and sunglasses are suggested for sun protection.

**Rain gear:** It is always a good idea to pack a lightweight rain poncho. A rain poncho is large enough to cover you and your gear and will leave your hands free (unlike an umbrella) during activities.

**Washcloths/facecloths:** Washcloths are not usually provided at hotels. Please plan to bring your own if this is something you will require during your travels.

**Book light and small flashlight:** Lighting in hotel rooms is not always adequate for reading purposes. LED book lights are compact and help to provide additional lighting for reading and/or writing.

**Also suggested:** Biodegradable/reef safe sunscreen, insect repellent, earplugs, binoculars, and a backpack for carrying essential items during activities (e.g., water bottle, sunscreen, etc.). Road Scholar's listening devices come with a single, over-the-ear hearing piece; however, if you prefer, you can bring your own music headphones/earbuds (must have a standard, single pin plug) to use with the devices.

### LUGGAGE LIMITS:

Aerolineas Argentinas has a limit of one checked bag and one carry-on bag per passenger (we suggest bringing a backpack that can also be used while in the field). The weight limit for the checked bag is 33 lbs and is strictly enforced. The weight limit for the carry-on is 11 lbs and it must fit under the seat or in an overhead bin. Carry-on bags aren't typically weighed unless they appear to be oversized, so this limit is not as strictly enforced.

Lan Chile allows each passenger to bring a checked bag weighing up to 50 lb and a carry-on weighing up to 17 lb. The carry-on must fit under the seat or in an overhead compartment.

Participants traveling with overweight luggage will be responsible for paying any applicable airline fees for excess weight upon check-in.

### SAMPLE TEMPERATURES:

#### Santiago

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug.	Sep	Oct	Nov	Dec
Max. (°F)	85	84	80	72	64	58	57	61	65	71	77	82
Min. (°F)	54	53	49	45	41	38	37	39	42	45	48	51
Rain (in)	---	0.1	0.2	0.5	2.3	3.1	3	2.1	1.1	0.5	0.2	0.2
Ave. % Humidity	50	55	60	70	80	85	85	80	75	65	60	55

#### Valparaiso

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max. (°F)	72	72	70	67	63	60	60	61	62	65	69	71
Min. (°F)	56	56	54	52	50	48	47	47	48	50	52	54
Rain (in)	0.1	0.1	0.3	0.6	4.1	5.9	3.9	2.9	1.3	0.4	0.2	0.2
Ave. % Humidity	74	76	75	77	79	79	78	78	78	76	72	71

#### Puerto Montt

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max. (°F)	67	66	63	58	54	50	50	51	54	57	60	65
Min. (°F)	49	49	47	44	43	39	39	39	40	42	44	48
Rain (in)	4	3.8	5.4	6.5	9.5	9.4	9.7	8.5	6.2	5	4.9	4.8



**San Carlos de Bariloche**

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max. (°F)	70.7	71.2	66.2	58.3	50.2	44.1	43.5	46.2	51.3	57.2	63.1	67.5
Min. (°F)	43.5	42.3	39.2	35.2	33.1	3.2	29.5	30.4	31.1	34	38.3	41.7
Rain (in)	1	1	1.6	2.4	5.9	6.1	5.7	4.5	2.5	1.6	1.1	1.3
Ave. % Humidity	60	62	67	74	81	84	84	81	75	68	63	61

**Iguazu Falls**

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max. (°F)	88	86	90	84	75	73	73	79	81	86	88	90
Min. (°F)	68	68	66	61	54	50	50	52	54	59	63	66
Rain (in)	7.5	6.3	6.3	6.7	7.1	5.9	3.9	5.5	7.1	7.5	8.3	7.5
Ave % Humidity	80	80	85	90	90	90	85	80	80	80	75	75

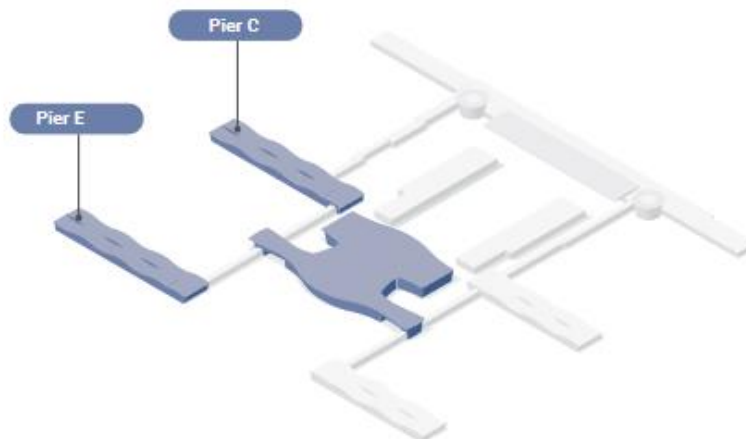
**Buenos Aires**

Averages	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max. (°F)	86.7	83.7	79.5	72.9	66.2	60.1	58.8	63.1	66	72.5	77.5	82.6
Min. (°F)	68.7	66.9	62.6	56.7	50.5	45.7	45.3	48	49.8	55.4	60.6	65.1
Rain (in)	4.2	4	4	3.3	3.1	2.1	2.3	2.3	2.4	4	3.6	3.3
Ave. % Humidity	65	70	72	77	76	79	79	74	71	69	68	64



# Arriving in Chile?

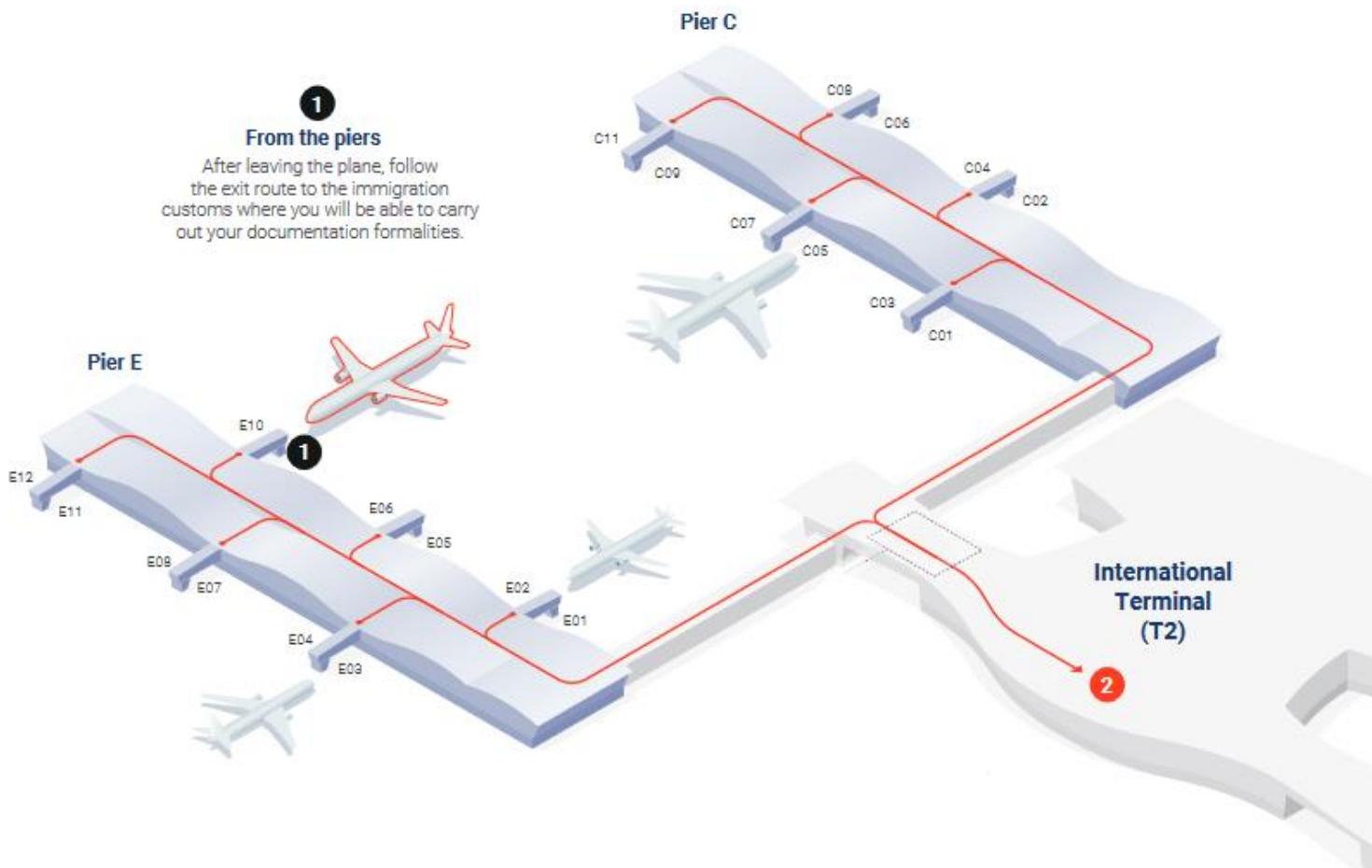
Follow these 5 steps to complete your entry procedures to the country.

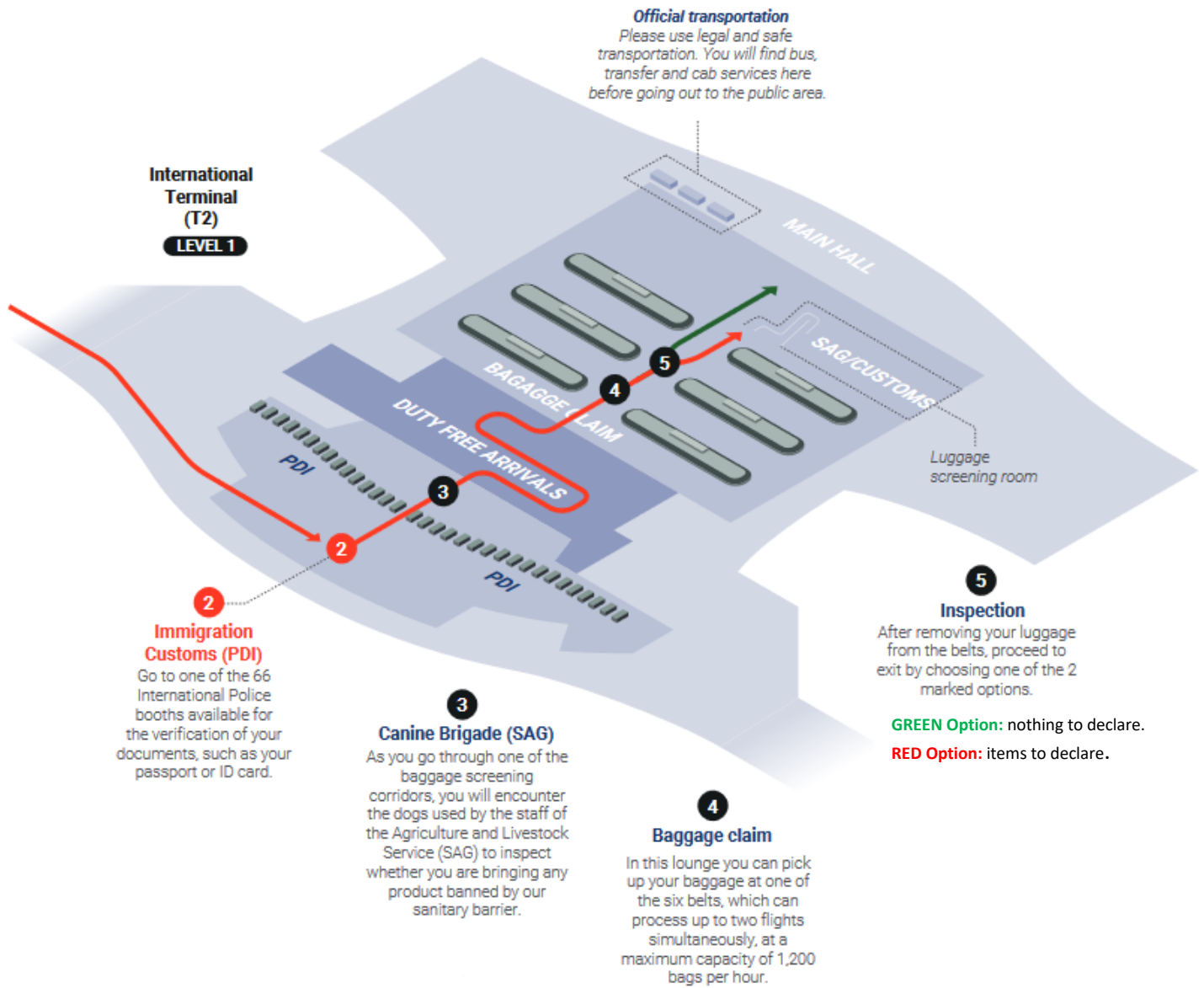


**1**

## From the piers

After leaving the plane, follow the exit route to the immigration customs where you will be able to carry out your documentation formalities.





# Baggage Claim and Inspection

A new baggage analysis system is applied here, which can detect if you are bringing any product restricted by SAG or Customs. This will reduce time and queues for a more expeditious departure. After taking your luggage from the conveyor belts, proceed to exit by choosing one of the 2 marked options:

## Green option

**NO Products and/or goods to declare**

You will exit directly from here either to choose the official means of transportation or go to the parking lots/main square. However, if the sensor panels are triggered as you pass, SAG or Customs officials (as the case may be) will escort you to a designated room to check your luggage.

## Red option

**WITH Products and/or goods to declare**

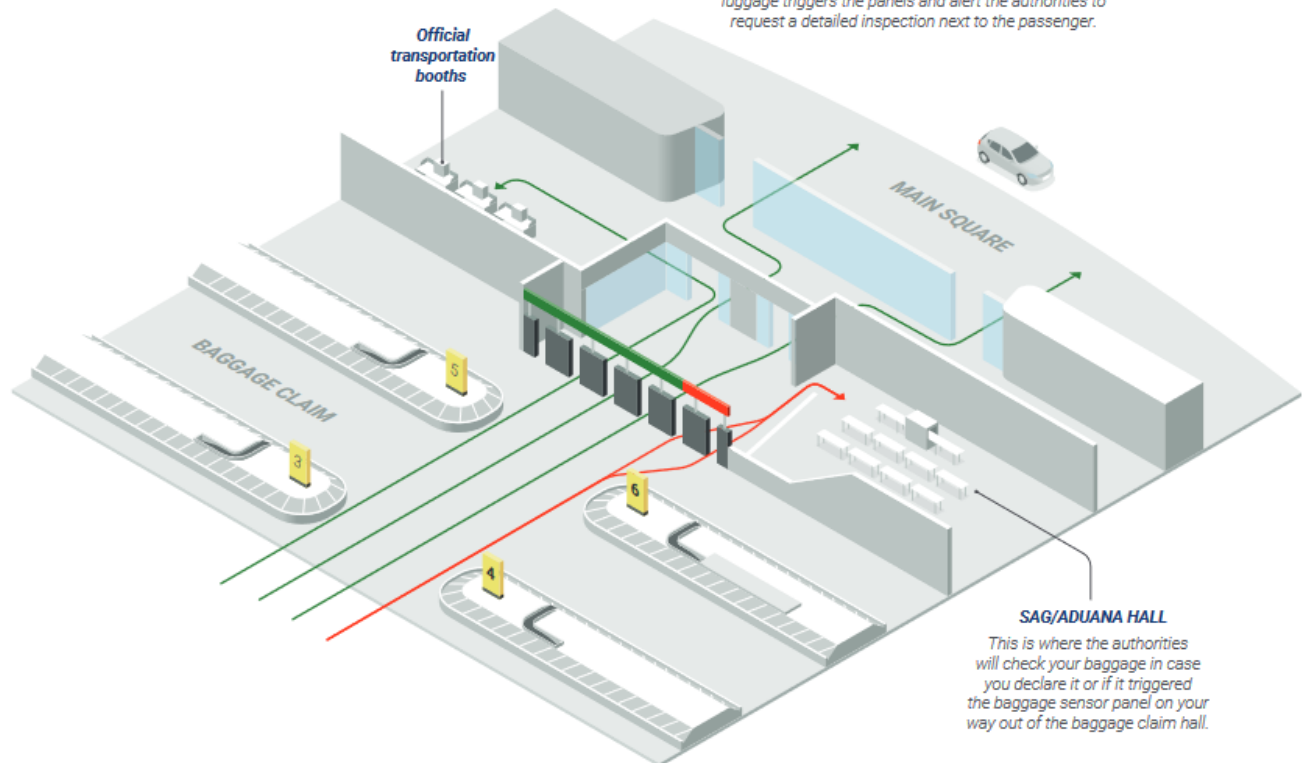
This route takes you directly to a designated room to declare your products.



### Why did my luggage set off the panel alarms?

For a faster arrival process to the country, SAG and Customs carry out a pre-screening on floor -1 when your luggage is unloaded from the plane and entered into the BHS (Baggage Handler System).

If a restricted product is detected by the authorities, luggage triggers the panels and alert the authorities to request a detailed inspection next to the passenger.



If you booked flights through Road Scholar and are traveling on the official program dates, you will be met at the airport and transferred to your hotel as part of the program. After clearing Immigration, Baggage Claim, and Customs, please follow the airport Exit signs. A Road Scholar representative will be in the Arrivals Hall, wearing a red shirt with a name tag, and holding up a laminated Road Scholar sign.

**Beware of scams!** Ensure the representative has your name/s, flight information, and the name/dates of your Road Scholar program. A legitimate Road Scholar representative at the airport will **NEVER** request payment and/or require you to visit an ATM to obtain Chilean pesos. If in doubt, use your own cell phone to log onto the airport's free WiFi service and call (using WhatsApp, Skype, etc.) the local Road Scholar emergency contact or visit an official airport information booth for assistance.



# SUNSCREEN CHEMICALS AND MARINE LIFE

How sunscreen chemicals enter our environment:



The sunscreen you apply may not stay on your skin.



When we swim or shower, sunscreen may wash off and enter our waterways.



## How sunscreen chemicals can affect marine life:

**Chemicals in some sunscreens that can harm marine life:**

- 3-Benzylidene camphor
- 4-Methylbenzylidene camphor
- Octocrylene
- Benzophenone-1
- Benzophenone-8
- OD-PABA
- nano-Titanium dioxide
- nano-Zinc oxide
- Octinoxate
- Oxybenzone

**GREEN ALGAE:** Can impair growth and photosynthesis.

**CORAL:** Accumulates in tissues. Can induce bleaching, damage DNA, deform young and even kill.

**MUSSELS:** Can induce defects in young.

**SEA URCHINS:** Can damage immune and reproductive systems, and deform young.

**FISH:** Can decrease fertility and reproduction, and cause female characteristics in male fish.

**DOLPHINS:** Can accumulate in tissues and be transferred to young.

## Here are a few ways to protect ourselves and marine life:

Consider sunscreen without harmful chemicals that can harm marine life, seek shade between 10 am & 2 pm, and use Ultraviolet Protection Factor (UPF) sunwear.



Seek shade



Umbrella



Sun hat



Sunscreen



UV Sun glasses



Sun shirt



Leggings



[oceanservice.noaa.gov/sunscreen](http://oceanservice.noaa.gov/sunscreen)







# MOSQUITO BITES CAN MAKE YOU SICK

Mosquitoes spread germs



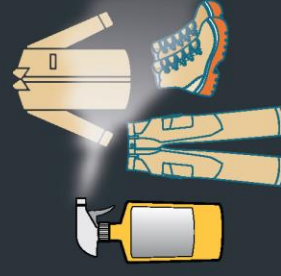
## Mosquitoes bite day and night.

Mosquitoes that spread viruses bite during the day and night and live indoors and outdoors.



## Use insect repellent. It works!

Look for the following active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone.



## Wear long-sleeved shirts and long pants.

For extra protection, treat clothing with permethrin.



## Mosquito-proof your home.

Use screens on windows and doors. Use air conditioning if available. Keep mosquitoes from laying eggs in or near standing water.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

For more information: [www.cdc.gov/mosquitoes](http://www.cdc.gov/mosquitoes)





